

Refuge House Stop the Violence 5K Registration Form

Sunday, October 7, 2018

Capital City Country Club @ 4:00 p.m.

Onsite Registration Begins at 3:00 p.m.

Pre-Registration- \$25

On Site Registration- \$30

Student Pre-Registration- \$20

Student On Site Registration- \$25

Pre-Registration Deadline is October 3, 2018

Please make all checks payable to:

Refuge House
co/Stop the Violence 5K
P.O. Box 20910

Name_____

Address_____

City_____ State_____ Zip_____

Email_____

Phone Number (_____) _____ - _____

Age_____ Birthday: __/__/____ 21+ years old: Yes or No

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able, physically fit and properly trained. I assume any and all risks associated with this event including but not limited to falls, contact with other participants, effects of weather, including high heat and/or humidity, and traffic and the conditions of the roads, all such risks being known and acknowledged by me. I agree to abide by all the decisions of the race officials relative to my ability to safely complete the run. I agree not to wear headsets, run with dogs, baby joggers or strollers during the race. Knowing these facts and in consideration of your accepting my entry, I hereby, for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all Refuge House officials, volunteers and all sponsors including their agents, employees, assigns, or anyone acting on their behalf from any and all claims or liability for death, personal injury or negligence or carelessness on the part of the persons named in this waiver. The Release and Waiver extends to all claims of every kind and nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants full permission to Refuge House and/or agents authorized by them to use any photograph, videotapes, motion picture or any other record of this event for any legitimate purpose.

Signature_____ Date_____